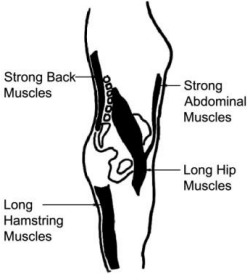





FALL Courses 2019 with Phys-x

Earn extra part time income by becoming a Fitness Professional

Training Courses	Events
<p>Fitness Theory Prep Course Accelerated learning Fee: \$420 – 10 hrs</p> <p>Healthy</p> 	<p>@UBC Pool (Vancouver): Thurs Oct 10th: 4-9 pm & Sunday Oct 13th 9-6 pm www.aquatics.ubc.ca course code: 83927</p> <p>@Alchemy (North Vancouver):</p> <ul style="list-style-type: none"> Fri Oct 11th 4-9:30 pm & Oct 18th: 6-10 pm https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=6DYZ426D5HMNE Weds Dec 18th & Thurs Dec 19th 10:30 am – 4 pm https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=QM5EPZ98LCLWQ Thurs Jan 2nd & Fri Jan 3rd 12 noon – 6 pm https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=5S2KSJRP5DH6C <p>Private courses available by request</p> <ul style="list-style-type: none"> Individual: \$735/2 people or distance education: \$ 550/person
<p>Aqua Fitness Fee: \$420</p> 	<p>@UBC Pool (Vancouver): Thurs Oct 18th: 5-9 pm, & Sat Oct 20th: 9-6 www.aquatics.ubc.ca Course code: 83811</p> <p>@Alchemy + Vancouver Pools:</p> <ul style="list-style-type: none"> Fri Dec 20th 10-3:30 pm & Sunday Dec 22nd 10 am – 5:30 pm https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=SWUU9JDPEY2SW Sat Jan 4th 1-6 pm & Sunday Jan 5th 11-7 pm https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=SFZNQ5E7VWCG <p>Private courses available by request</p> <ul style="list-style-type: none"> Individual: \$735/2 people or distance education: \$550/person
<p>Group Fitness Fee: \$420</p> 	<p>Group Fitness Course out of Alchemy (North Vancouver)</p> <ul style="list-style-type: none"> Tuesday Oct 15th & 22nd: 6-9:30 pm & Sat Oct 19th 9-6 pm https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=NBQ75V74X9UW4 <p>Private Courses available by request</p> <ul style="list-style-type: none"> Individual: \$735 or 2 people/distance education: \$ 550/person
<p>Weight Training Fee: \$ 550</p> 	<p>Weight Training: @Alchemy (North Vancouver) Sunday Nov 3rd & Nov 10th – 9 am -5 pm & Friday Nov 15th 2:30-8:30 pm</p> <ul style="list-style-type: none"> https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=XE4CQH967TWC <p>Private Courses available by request</p> <ul style="list-style-type: none"> Individual: \$840 or 2 people/distance education: \$ 650/person

BCRPA Renewal Credits

Investment/Fee: \$262.50 (includes GST) https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=2KEP8GTPDL97A



**21 Point Inspection for Personal Trainers
@ Alchemy, North Vancouver**

Presenter: Brian Justin

This event on Nov 23rd: is the last time Brian will be teaching this workshop in a condensed format. Ideal for busy trainers to maximize learning!

ALL COURSES with Phys-x are small learning groups.

Invest in yourself and start your fitness career ready to lead with confidence.

Receipts are provided for all courses. Courses required for employment can be used for taxation purposes.

To Register or for more info: Contact Sandra by e-mail s-star@shaw.ca or text: **604 785-8776**

Alchemy Location: Suite 201, 431 Mountain Highway, North Vancouver